



Cancer Support Centre Sutton Coldfield

Providing a place of sanctuary and support to all those affected by cancer.



Issue 2

December 2007
In this issue

From The Chairman.....

It is now almost six months since I became the Chairman of the Trustees, and it has been a very interesting and rewarding time. The Centre has always provided excellent support and care to its many [over 200] clients and I have spent my time working to improve the administrative structure of the Centre.

Christine Wright has provided invaluable support doing much more than the letter of her job description as Volunteer Coordinator. Working alongside Gill Kite they have reorganised the operation of the Centre and physically moved themselves downstairs.

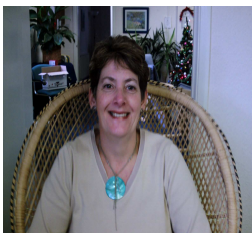
Our biggest long term problem is ensuring a reliable income. We receive many generous donations but we need to do more. We have appointed two trustees with direct responsibility for fund raising; Sharon Taylor who has been working with us since May and more recently Dave Wright who will work with Sharon to secure the funding we need.

I would like to thank Maureen and Brian Farmer who worked very hard organising our Annual Ball which raised £2500 for the Centre.

Two Trustees have resigned, Lorretto Cattell and Anita Bridges and I would like to thank them both for all their work as Trustees. Both will remain involved in the Centre. Other people have expressed an interest in becoming Trustees and an updated list will be published on the website in the New Year.

I would like to close with my Best Wishes to you all for Christmas, and look forward to a successful and prosperous New Year!

David Dimeloe



Meet Chris Kimberly our new Treasurer

Chris is a retired Accountant. She joined the Centre in 2007 to provide her with something useful to do with her time! She has a degree in Maths and Psychology and became a CIPFA accountant working in Local Authority. Chris combines numerous treasurer roles with an enthusiasm for gardening and racket sports.

From the Chairman

Meet Chris Kimberly our new Treasurer

Coming soon

Courses in 2008

Regular programme

Forthcoming Events

Wanted

More volunteers help with

- **Fundraising**
 - **Meeting and greeting Clients**
 - **Reception**
-

Book

Amnesty some of our books are still missing !

Coming up In the Easter Edition

Meet the new trustees

Communications course for new volunteers

Courses for Spring 2008

Sunday 20 January	10:00-12.30	Reiki Share
Saturday 26 January	10:00-16:00	Reiki Masters Teaching Day
Wednesday 30 January	19:00-21:00	Introduction to Crystals
Saturday 2 February	10:00-16:00	Quantum Touch [part1]
Sunday 3 February	10:00-16:00	Quantum Touch [part 2]
Saturday 9 February	10:00-16:00	Reiki level 1 [day 1]
Saturday 16 February	10:00-16:00	Reiki level 1 [day 2]
Sunday 17 February	10:00-12.30	Reiki Share
Saturday 8 March	10:00-16:00	Complementary Therapies in Cancer Care

REGULAR PROGRAMME

MONDAYS—THURSDAYS

Therapies by appointment

MONDAYS

Art Group 10:30-12:30

Meditation Group 13:30-14:30

WEDNESDAYS

Walking Group* 10:00

*Town Gate, Sutton Park

THURSDAYS

Relaxation Group 11:45-12:15

Guest Speaker 13:15-15:15

Book Club** 15:15

**First Thursday of the month

FORTHCOMING EVENTS

Short programme for January to March 2008 (See posters at Centre for further details)

10 January	Singing for fun with Matthew : Come and have a go
17 January	“Cancer is not a disease” : A review by Mavis of a challenging book
24 January	Shiatsu : Mary McKearney
31 January	Short talk on expert patients. Plus informal get together
7 February	Are mobile phones and masts safe? : The Latest research, Eileen O'Connor TBC
14 February	Singing for fun with Matthew
21 February	Healthy Eating : Ron Prescott
28 February	Informal get together
6 March	Bollywood : Here we come! Have a laugh &/or exercise unusual places
13 March	Singing for Fun with Mathew
20 March	Collectables : Talk and valuation by Joe Dyke



Cancer Support Centre - Sutton Coldfield

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The Centre is currently open Monday to Thursday from 9:00-16:00.

For more information, to volunteer or make a donation, please call 0121 321 1300 or visit us on the web at www.suttoncancersupport.co.uk

Station House, Midland Drive, Sutton Coldfield B72 1TU

Registered Company: 42028907

Registered Charity: 1089658